



Physical Education

9-12/Health

April 17, 2020



9-12 Health

Lesson: April 17, 2020

Objective/Learning Target:

Chapter 13.2 Common STIs

- Identify six common STIs
- Describe the signs and symptoms of STIs
- Explain ways in which STIs are diagnosed and treated



Bell Work

Before You Read

Roll the Dice

Roll a die six times. Each time you do so, record the number you get on a piece of paper. After the sixth time, circle any 5s or 6s you have rolled. Each 5 you rolled represents contracting an STI. Each 6 you rolled represents a pregnancy. These numbers illustrate the gamble of having sex, especially unprotected sex. Now, write a short paragraph about what you want to learn in this lesson.

Chlamydia

- An almost asymptomatic STI that may cause pelvic inflammatory disease if not treated
 - Pelvic inflammatory disease - an infection of the fallopian tubes and pelvic cavity, which occurs as the result of STI and often causes infertility

Gonorrhea

- A bacterial infection that primarily affects the reproductive tract, rectum, and throat

Syphilis

- A bacterial infection that causes extremely serious health problems and disability
 - Can be fatal if untreated

Trichomoniasis

- Caused by a single celled microorganism called a protozoan
 - More common among young women

Genital Herpes

- Primarily a herpes simplex virus infection of the genitals, mouth or rectum

Human Papillomavirus (HPV)

- The most common STI, which infects and causes cells to grow abnormally
 - Genital warts - abnormal growths on the skin and membrane around genitals and anus
 - Cervical Cancer - a type of cancer in which the cells of the cervix grow abnormally
 - Oropharyngeal cancer - a type of cancer in which the cells of the back of the throat, base of tongue and tonsils grow abnormally

Activity

Real World Health

On a sheet of paper, list 10 reasons why you might choose abstinence. On the back of that sheet, list 10 strategies you could use to remain abstinent while dating. Make the list of strategies specific to your likes, interests, and the support systems available to you. Put this list somewhere in your room where you can see it.